## Youth Open Sailing - Ages 10-18

These informal sailing sessions are designed to give young sailors a chance to get out on the lake every week, all summer long. A US Sailing certified instructor, along with several SSA volunteers, will be on hand to supervise and offer tips and tricks. This is a great opportunity to come give sailing a try before signing up for one of our courses or to further develop sailing skills.

**\*NOTE:** All participants <u>must</u> be accompanied by a parent or guardian responsible for signing our agreement to participate form before their first sailing session. A swim test will be required prior to the first time sailing.

LOCATION: Sandpoint Windbag Marina (Meet at Fred's Deck)

WHEN: Every Thursday morning 9:00am - 12noon from June 22nd - August 31st, 2023

**FEE:** This is a FREE program. However, all participating families are strongly encouraged to purchase a Family Membership to SSA:

https://www.sandpointsailing.org/join

## All Youth Sailors Must:

Come prepared with:

- Swimsuit We will be in the water!
- Base Layer/Sun shirt/Rashguard (next to skin): think long underwear, great for warmth and sun protection. A shorty wetsuit is also nice, but not mandatory.
- Mid Layer (insulating): fleece sweater or vest.
- Outer Layer (rain coat): wind/rain proof.
- Head: snug fitting hat or visor, sunglasses with retaining strap.
- Feet: we sail barefoot on the beach.
- Sunscreen Crucial!
- Beach Towel
- Drinks. Please send your camper with a water bottle. We can refill as needed.
- Snacks. Be sure to pack a snack in addition to eating a solid breakfast.

## Jr Sailing Code of Conduct:

Sailors will be held to a code of good conduct. Respect for fellow sailors, safety, equipment, and the facility are paramount. When behavioral problems occur, every effort will be made to resolve the problem. If the behavioral problem is repeated or is serious, we will contact a parent/guardian and work toward a resolution. Sailors expelled for behavioral problems will not be allowed into future sessions.

Questions or Concerns: Contact Jon Totten at: <u>hello@dogsmileadventures.org</u>